Childhood Prosperity Lab

Co-Design Summary Report: Ascend Together Intergenerational Co-Design Sprint

EXECUTIVE SUMMARY

Sustainable change depends on more than coordinated systems – it requires solutions that are designed with the people they are intended to serve. *Ascend Together* is designed to guide the initiative as it transitions from being a federally funded initiative to a sustainable, citywide, community-centered prenatal-to-career (P2) family navigation system that improves academic achievement, educational attainment, and longer-term well-being and quality of life. Connecticut Children's Childhood Prosperity Lab (CPL) partnered with North Hartford Ascend (Ascend) and the City of Hartford Department of Families, Children, and Youth (DFCY) to ensure that residents' lived experiences directly inform Ascend's evolution.

To accomplish this, CPL facilitated an intergenerational co-design sprint, bringing together residents of all ages to collectively explore three foundational questions:

1) What P2C outcomes are most important to the community?
2) What are the characteristics of hubs that are trusted, accessible, and responsive to community needs?
3) How can young people meaningfully participate in shaping decisions through a Youth Advisory Board?

The co-design sprint was facilitated three consecutive days in July 2026 and engaged 37 participants, 15 youth and 22 adults. They engaged in human-centered design (HCD) activities that generated actionable recommendations to implementation of *Ascend Together*. Rather than solicit feedback on predetermined solutions, participants collaboratively produced new ideas, challenged existing assumptions, and identified practical strategies.

The co-design sprint revealed three key insights that emerged across all three sessions.

1. Center youth and resident voice in decision-making to create meaningful, ongoing mechanisms for participants to influence programs, priorities, and strategies.
2. Turn community insight into coordinated action by connecting community recommendations to partners, providers, and existing initiatives that can put feedback into practice.
3. Build community priorities into systems and strategy to incorporate the findings into existing planning, data, evaluation, and partnership structures so they can inform longer-term community outcomes.

RECOMMENDATIONS & NEXT STEPS

- Support organizations and programs with a Youth Advisory Board structure to integrate participant feedback.
- Share the summary report and recommendations with the City of Hartford Department of Children and Families to identify partners and initiatives in the community that are equipped to mobilize the key takeaways from each session.
- Share the key takeaways and reflections from the Shared Health and Well-being Outcomes session with the Center for Social Research and CTData Collaborative, the co-leads of North Hartford Ascend's Data and Evaluation work, so that the lifespan outcomes can be considered within the Ascend Together plan.
- Request to present at the North Hartford Ascend Family Navigation and Partner Engagement Work Group Meetings to share the key characteristics of a community hub and collaborate with providers on what might be actionable next steps from resident feedback.
- Facilitate a co-design session with youth to prototype and test the operational and programmatic elements of a Youth Advisory Board that were explored in the Co-Design Sprint.



CHILDHOOD PROSPRITY LAB

Childhood Prosperity Lab (the Lab) advances social innovations that support the optimal health, development, and well-being of children, families and communities where they live, learn, work, play and pray. Collaboration is key to our work. We partner with practitioners, service providers, families and changemakers across Connecticut and beyond to improve outcomes. Our multidisciplinary team at Connecticut Children's brings expertise in family sciences, child development, public health and more to drive impactful change.

The Lab has three core components that are unique to our approach:

- Co-designing solutions in partnership with children, families and communities using human-centered design approaches and methodologies;
- Strengthening family and community protective factors; and
- Advancing systems change to help children and families thrive in all areas of life.

NORTH HARTFORD ASCEND

North Hartford Ascend (Ascend) is a prenatal-to-career family navigation system designed to ensure children living in the North Hartford Promise Zone—which includes the Clay Arsenal, Northeast, and Upper Albany neighborhoods—have the support they need to reach their full potential. Funded by the U.S. Department of Education's Promise Neighborhoods Grant Program, Connecticut Children's is facilitating a cross-sector team of early childhood experts, community leaders, community-based organizations, and residents to identify community priorities and enhance the academic, health, and quality of life outcomes of North Hartford Promise Zone residents.

PROJECT OVERVIEW & SCOPE OF PARTNERSHIP

North Hartford Ascend and Childhood Prosperity Lab are two initiatives of Connecticut Children's. The infrastructure of North Hartford Ascend is supported by a shared governance framework and range of community and family engagement activities, including co-design sessions. In partnership with the City of Hartford Department of Families, Children, and Youth, Childhood Prosperity Lab leveraged Human-Centered Design (HCD) to advance implementation of *Ascend Together*, the long-term strategy guiding the scale and sustainability of the P2C continuum, with families living across the city. As of September 2026, Ascend and the Lab have collaboratively facilitated 21 community co-design sessions.

OUR APPROACH

This co-design sprint was intentionally designed to advance key priorities and strategies included in *Ascend Together* in partnership with community. *Ascend Together* was developed in collaboration with community members and service providers in 2025. Visit this link to learn more about *Ascend Together*. For more information on how *Ascend Together* was co-created with service providers and community, visit this link. In June 2026, CPL facilitated its first ever youth co-design sprint to explore different facets of *Ascend Together Visit* this link for more information on key findings from the youth co-design sprint.

Building on this portfolio of work, the July 2026 intergenerational co-design session advanced key priorities identified in *Ascend Together* and recommendations from the June 2026 youth co-design sprint, which also echoed priorities in *Ascend Together.* These priorities included:

1. Shared Outcomes: Goal 1 – Finalize, adopt, and operationalize a citywide P2C Outcomes Framework.
2. Shared Infrastructure: Goal 1 – Advance cross-partner infrastructure improvements across navigation, data, learning, community relationships, and coordinated operations.
3. Shared infrastructure: Goal 2 – Assess and begin building community stewardship structures that strengthen system legitimacy and long-term sustainability.

Childhood Prosperity Lab designed a three-session sprint in which youth and adults worked alongside one another to advance these priorities with complimentary perspectives. Each session explored one recommendation; see Table 1 for the co-design sprint goals and expected outcomes.

Communities are the strongest when residents with diverse backgrounds come together to have meaningful conversations with one another to shape decisions that affect their lives. Youth recognize this and elevated the need for intergenerational conversations during the June 2026 youth co-design sprint. The Lab intentionally integrated their feedback and designed this sprint to be intergenerational because sustainable systems change requires collective wisdom and insight from all–-youth, adults, community leaders, service providers. While each group brings their own unique lived experiences

and perspectives, meaningful innovation occurs when those perspectives are shared, heard, and integrated through structured dialogue.

Intergenerational co-design sessions create opportunities for community members to surface assumptions they have about each other that might otherwise go unexamined. Youth provided firsthand insight into the realities of navigating schools, neighborhoods, and community programs while adults contributed broader perspectives on systems, resources, and implementation. By designing with one another rather than for one another, participants move beyond identifying opportunities to developing a shared understanding, building trust with one another while co-creating solutions that reflect multiple generations' priorities and experiences.

This approach not only strengthens the quality and relevance of recommendations but also fosters shared ownership of implementation, increasing the likelihood that community-informed solutions are embraced, sustained, and translated into meaningful systems change.

Table 1: Design Sprint Goals and Expected Outcomes

Day 1: Shared Outcomes for Health & Well-Being
Ascend Together Recommended Strategy **GOALS:** • Explore how community measures youth well-being • Identify the Government Performance Results and Indicators Act (GPRA) measures participants believe are most important[1] • Identify other measures participants believe matter most when assessing well-being **EXPECTED OUTCOMES:** • Prioritized list of GPRA measures • Additional, prenatal-to-career outcomes prioritized by the community • A community-developed definition of well-being
DAY 2: Ascend Community Hubs
Ascend Together Recommended Strategy **GOALS:** • Identify which community spaces participants use, trust, and enjoy, and what makes them work well • Co-create a shared understanding of "community hub," including the values, experiences, and supports they believe a hub should offer

[1] North Hartford Ascend is currently funded by a U.S. Department of Education Promise Neighborhoods Grant.

- Co-create the physical and programmatic elements of a community hub that make a space feel safe, welcoming, and community-centered
- Identify the ideal characteristics and traits of people working in the community hub

EXPECTED OUTCOMES:

- Shared definition of a community hub
- Inventory existing community spaces that participants leverage
- Key elements of the community hub

DAY 3: Ascend Youth Advisory Board

Ascend Together Recommended Strategy

GOALS:

- Develop a shared understanding of the purpose, responsibilities, and influence of the Youth Advisory Board within Ascend
- Collaboratively develop meeting structures, communication norms, leadership roles, and decision-making processes that make the Youth Advisory Board feel safe, welcoming, and youth-centered
- Understand what resources, mentorship, and adult partnership youth need to feel confident and prepared to lead

EXPECTED OUTCOMES:

- Defined purpose and role of the Youth Advisory Board within Ascend
- Draft structure for the Youth Advisory Board including meeting norms, communication practices, and leadership roles.
- Youth recommendations for intergenerational partnership

Session Location and Structure

Sessions were facilitated at a Connecticut Children's facility located at 10 Columbus Boulevard in Hartford, CT, a short walk from the CT transit bus stop at the intersection of Columbus Boulevard and Kinsley Street. Each session was 2-hours, running from 5pm to 7pm and followed a similar format: community connection, networking, and dinner from 5pm to 5:30pm, followed by HCD activities and co-design from 5:30pm to 6:45pm. Each session concluded by 7pm following a brief wrap-up, reflection, and incentive distribution.



Incentives

Participant received a $50 VISA gift card for each session they participated in and could participate in up to two of the three

sessions. A meal from a local small business was provided at each session. A Care Coordinator from Connecticut Children's Center for Care Coordination attended one session to facilitate assessment, referral and linkage if participants were interested in and/or needed access to programs and resources available in their community.

Session 1

The first session explored which P2C outcomes were most important to participants and how they defined thriving, addressing the *Ascend Together* priority of *Shared Outcomes: Goal 1 – Finalize, adopt, and operationalize a citywide P2C Outcomes Framework.* The June Design Sprint was thematically organized by recommendations from service providers connected to the Ascend system. The July Design Sprint was an opportunity to hear from youth about their goals and priorities for health and well-being. Participants reflected on the required U.S. Department of Education Promise Neighborhoods grant program Government Performance Results and Indicators Act (GPRA) measures while identifying additional measures that reflect community priorities. The goal was not to validate the importance and utility of the current measures, but rather broaden the understanding of success through community-defined outcomes that can inform future planning, implementation and evaluation. Table 2 summarizes the HCD methodologies deployed. A total of 10 youth and 12 adults participated.

Table 2: Session 1 HCD Methodologies, Definitions, and Purpose

HCD Method	Definition	Purpose
Visualize the Vote	A way to build consensus and identify priorities among a group (LUMA, 2026).	Identify which GPRA measures participants prioritize.
Creative Matrix	A methodology for generative and open-ended brainstorming (LUMA, 2026).	1) Ideate indicators that demonstrate different P2C populations are thriving. 2) Inventory organizations and programs advancing GPRA and P2C outcomes.
Affinity Clustering	A methodology to sort items according to similarity (LUMA, 2025).	Sort newly identified P2C outcomes by theme.

Session 2

The second session explored what makes a community hub trusted, welcoming, and responsive to participant needs, addressing the *Ascend Together* priority of *Shared Infrastructure: Goal 1 – Advance cross-partner infrastructure improvements across*

navigation, data, learning, community relationships, and coordinated operations. This session also built on a thematic co-design session from the June 2026 youth co-design sprint, which explored what extracurricular activities and programs youth were interested in getting connected to. Participants indicated they are looking for more afterschool activities, social connections, and "third places", which are settings outside of the home and school. The goal of this session was to understand, from a resident and community perspective, what community hubs already exist and what their distinguishing features are. Participants identified the characteristics of existing community hubs, reflected on barriers that might limit success, and described the relationships, services, and environments that contribute to impactful community hubs. These insights offer practical guidance for strengthening community infrastructure within Ascend. 10 youth and 16 adults participated.

Table 3: Session 2 HCD Methodologies, Definitions, and Purpose

HCD Method	Definition	Purpose
Rose-Thorn-Bud	A methodology to identify things as positive, negative, or having potential (LUMA, 2025).	Identify community hubs that participants use and trust (roses), community hubs participants do not use (thorns), and hubs participants think could be an asset and used more (buds).
Statement Starters	As their main objective, Statement Starters encourage restating problems as invitations for exploration. Instead of being dictatorial, leaving little room for deviation from a predetermined type of solution, these phrases ask your team to consider various alternatives (LUMA, 2025).	Inventory characteristics of a community hub.
Affinity Clustering	A methodology to sort items according to similarity (LUMA, 2025).	Organize characteristics of a community hub into categorical themes.
Persona Profiling	Persona Profiles are fictional characterizations drawn from real research data. They are not preconceived stereotypes; they are archetypes borne of careful study. Therefore, personas can serve as a powerful way to make	Uncover youth and adult perspectives when it comes to how they perceive critical characteristics of a community hub includes: safety, environmental health, confluence, activities for leisure and learning,

	your data meaningful (LUMA, 2025).	and supportive social connections amongst neighbors and staff.

Session 3

The final session focused on advancing youth leadership within Ascend. This work builds on the recommendations identified in *Ascend Together Shared infrastructure: Goal 2 – Assess and begin building community stewardship structures that strengthen system legitimacy and long-term sustainability advancing youth leadership within Ascend* and the youth co-design sprint, where participants voiced that "youth voices matter most." Building on these recommendations and insights, participants co-developed the purpose, responsibilities, meeting structure, leadership expectations, and supports necessary to establish a sustainable Youth Advisory Board. Rather than viewing youth as program participants, the session explored how young people can serve as ongoing partners in community decision-making and continuous improvement. 6 youth and 13 adults participated.

Table 4: Session 3 HCD Methods, Definitions, and Purpose

HCD Method	Definition	Purpose
Creative Matrix	A methodology for generative and open-ended brainstorming (LUMA, 2026).	Brainstorm insights within the context of critical programmatic elements of a youth advisory board, such as meeting structure; meeting topics; leadership roles, etc. as well as conditions needed for successful participation.
Statement Starters, adapted	As their main objective, Statement Starters encourage restating problems as invitations for exploration. Instead of being dictatorial, leaving little room for deviation from a predetermined type of solution, these phrases ask your team to consider various alternatives (LUMA, 2025).	Understand the mission of the youth advisory board from a community perspective; document responsibilities of participating youth; and generate early indicators of success.

Together, these sessions generated actionable insights that extend beyond any single program or initiative. By combining HCD methodologies with intergenerational dialogue, the sprint surfaced community-defined priorities, strengthened mutual understanding

between youth and adults, and produced recommendations that can directly inform the implementation and long-term sustainability of Ascend.

COMMUNITY INSIGHTS

Session 1 Community Insights: Prioritized Outcomes for Health and Well-Being

Facilitation Note: The session used both individual reflection and small group discussion.

Prioritized GPRAs

Group 1:

- Students are Healthy
- Students Feel Safe
- Support for Learning and Careers

Group 2:

- Attendance and Chronic Absenteeism
- Students Feel Safe
- Support for Learning and Careers

Indicators of Thriving

Life Stage (i.e., catchment)	How we know they are thriving
Prenatal to Five	• Physical development milestones are monitored • Regular exposure to early literacy activities • Opportunities for play are available • Cognitive development is nurtured • Families are engaged and invested in the child's health
Elementary School Students	• Developing reading skills and vocabulary • Physically active • Receives enough rest • Social-emotional development is nurtured • Basic needs are met
Middle School Students	• School attendance is consistent • Opportunities for after school program involvement • Proficient in academic subjects • Students are safe • Positive and healthy school environment
High School Students	• Students stay out of trouble • Students receive adequate school support for their learning needs • Students matriculate through high school • Opportunities for after school program involvement • Students have friends and are not being bullied

	• Strong student-staff relationships • College readiness
Post-High School Adults	• Career development and stability • Financial stability • Skill development
Caregivers and Families	• Healthy relationships with family members • Resources for continued support • Resilience • Serving as a role model for younger generations

Partners that were frequently cited as supporting outcomes include: Ascend, the City of Hartford; Birth to Three; Hartford Public Schools; Hartford Public Libraries; The Village for Families and Children; Parents Connecting Parents; the YMCA; Recreational Centers – including Parker Memorial; Hartford Promise; and Hartford Parent University.

Key takeaways from the session include:

- Neighborhood safety–-including but not limited to young people feeling safe transporting to and from school–-remains a high priority for the community.
- Across the prenatal-to-career trajectory, positive and healthy social connections were cited as a key ingredient to health and well-being.
- A handful of the programs, services, and organizations that the community trusts to support the shared outcomes are currently affiliated with North Hartford Ascend.

Session 2 Community Insights: Community Hubs

Facilitation note: The session used both individual reflection and small group discussion.

Insights Regarding Existing Community Hubs. Participants were advised to use the following definitions to guide their individual reflection:

- **Rose:** Community hubs that you currently use and attend.
- **Thorn:** Community hubs that you attend less.
- **Bud:** Community hubs that you want to use more of.

Roses:	Thorns:	Buds:
• Parker Memorial Community Center • Schools • Community Health Services • Hartford Public Library	• The Connecticut Science Center • Museums • Parks • YMCA • Park Street	• Hartford Public Library • Urban League • YMCA • Ice skating rinks • Turn vacant lots into community hubs • University campuses

• Bushnell Park and Elizabeth Park • Artist Collective • Faith Based Organizations	• 211 Child Development Infoline	• Summer camps and programs

Note: many of these organizations were identified by more than one participant.

In the discussion, residents shared that the spaces they currently use offer ample opportunity for connection, access to services, and feel safe. Residents shared that the spaces they use less were identified due to safety concerns at different times of the day, affordability of the space/activities, and long waitlists to receive services.

Characteristics of Thriving Community Hubs

Theme	Examples of Individual Reflections
Safety & Wellness	• Safety in the environment • Clean • Secure place • Laundry area • Food available • Air conditioners and heaters • Electronic device charging stations
Activities	• Computer and technology spaces • Reading room • Community gardening • Basketball • Places to speak freely about religion • Wellness classes (i.e., cooking class, Zumba)
Accessibility and Inclusivity	• Accessible location • Available to all interested residents regardless of age • Equality for all attendees • Inclusive • Easy transportation
Confluence	• Place for teens • Center to excite and motivate people for positive futures • Event and meeting spaces • Animal area

Supportive Staff	• Welcoming area • Supportive staff • Trust • Kid-friendly

Shifting Perspectives

Adult particpants assumed the role of a youth and completed the activity from their perspective responding to statements such as:



- I go to the hub because…
- I feel supported when…
- An adult I trust is…
- Other…

Youth participants assumed the role of an adult and completed the activity from their perspective responding to statements such as:

- I support youth by…
- My role is…
- I am knowledgeable about…
- Other…

How YOUTH described the ADULTS:
• Knows what to do in difficult situations • Has skills to help kids open up • Practices active listening skills • Prioritizes keeping kids safe • Engages kids in activities and positive behaviors • Knows how to budget for activities • Might hold a title of “Manager,” “Director,” “School Staff,” “Coordinator,” “Guidance Counselor,” or “Mentor.” • Is 18+ years old and has life experience to share • Demonstrates authentic empathy • Encourages youths’ success and models healthy boundaries • Shows youth grace and patience
How ADULTS described the YOUTH:

- Attends the hub to explore opportunities, gain knowledge, and mix up the space they spend time at
- Attends the hub to make friends and have fun
- Might trust security guards, teachers, coaches, mentors, and hub members
- Transportation support, incentives, and food would increase utilization of the hub
- Warm adults who check-in with participants would feel supportive, especially when they listen without interrupting
- Youth are looking for a place to feel valued

Key takeaways from the session include:

- The intergenerational dialogue bridged the gap between assumptions and lived experiences, goals, and priorities.
- The most critical characteristics of a community hub includes: safety, environmental health, activities for leisure and learning, and supportive social connections amongst neighbors and staff.
- Successful hubs that youth and adults frequently visit offer ample opportunity for connection, access to services, and feel safe. Hubs that are less utilized are challenging to access and afford.



Session 3 Community Insights: Building an Ascend Youth Advisory Board

Actualizing the Youth Advisory Board

The Mission of the Youth Advisory Board is…
• To establish the most beneficial way to work with and for the project (i.e., Ascend) • Collaborate on new events and experiences in the community • Create space for skill development • Generate new and innovative ideas for development and community health • Create promising direction to help obtain goals and meet them in the community • Offer an opportunity for youth • Provide resources to communities, especially other youth • Keep youth and families informed about what is going on in their community • Give young people a voice • Help adults understand what youth want and need

Youth would be responsible for…
• Providing in-depth knowledge of youths' lived experience, perspectives, goals, and needs • Skill development • Ensuring the latest concerns are addressed by service providers in the community • Helping to plan events • Coming up with new ideas • Keeping track of meetings and monitor data and recommendation progress • Speaking up about adult issues • Giving honest feedback
The Youth Advisory Board will be successful if…
• It maintains a youth-driven agenda • Youth voices will feel heard • Youth experience a healthy environment • Impact reaches multiple generations • It opens more doors for kids • Evidence of positive change • Youth feel heard • Other/additional youth want to get involved • Youth create ideas for other youth

Operationalizing the Youth Advisory Board

Operationalizing the Programmatic Elements	
Meeting Structure	• Kids have more time on the weekends • Every other week on Saturday • Weekends • 90-minute sessions
Meeting Topics	• Invite youth ideas on a regular basis • Open conversation for what is on their mind and share experiences • Challenges that youth are experiencing or noticing that year • Safety • Food insecurity • Sports and activities • Housing • School experiences

Leadership Role	• Characteristics of members include: committed, a team player, a role model, helps the community • 2-3 members from each school in Ascend • 2-year cycles of terms (i.e., membership) • Consider an application or nomination process with a structured, unbiased voting system • Recognize youth with celebrations, awards, certificates, trips, and incentives
Participant Expectations	• Must be willing to answer questions • Passionate about sharing ideas • Agrees to completing the pre/post meeting work that is 30-minutes or less between meetings

Resources to Support Meaningful Participation in the Youth Advisory Board

Youth Responses	
What support do you need to stay involved?	• Food • Support if stuck • Transportation • Someone to talk to • T-shirts and swag to feel connectivity to the work • Interesting topics of discussion
What would help youth feel confident in leading?	• Public speaking skill development • No judgement from adults • Boundaries • Self-advocacy skills
What skills do youth want to build?	• Communication • Project management skills • Time management • Leadership • Coaching and mentoring
Adult Responses	
What support do caregivers need to support youth participation?	• Flexible time • Small and frequent sessions • Communication via email • Having conversation on youths' actual needs • Encouragement and appreciation • Incentives

What support would youth need to participate?	• Transportation • Fun and entertaining activities for youth • Incentive • Meals • Early intake of what they need to participate • Adults to join meetings with youth • Child care for siblings
What skills would you want to see youth build to participate?	• Leadership • Decision-making skills • Communication • Self-esteem • Problem-solving • Collaboration • Confidence • Empathy

Key takeaways from the session include:

- Youth and the adults in their lives have a shared understanding of the mission of Ascend's Youth Advisory Board, the roles and responsibilities youth should assume, and the outcomes of success.
- The Youth Advisory Board has potential to advance health and well-being outcomes such as strengthening protective factors and promoting workforce development skills.
- The Youth Advisory Board should serve as an infrastructure for community health innovation, encouraging youth to generate ideas, create implementation plans, and reflect on meaningful community health projects that they advance within North Hartford Ascend.

FEEDBACK & IMPACT

At the end of each session, participants were asked to provide their feedback through a quality and satisfaction survey. A total of 60 responses were documented in the survey throughout the week.

Of the total feedback collected:

- **95%** strongly agree or agree that they felt a sense of community, a protective factor for social connection.
- **96%** strongly agree or agree that there was ample opportunity for participation.
- **98%** strongly agree or agree that the activities were interactive and engaging.
- **96%** are interested in future opportunities to participate again.
- **1 participant** connected with a Family Navigator across all four sessions.

The following anecdotes were collected from residents and community across all three sessions:



- *"Clear with instructions and the process during this session. Engaged participants and allowed each voice to be heard and seen -at least those w/ raised hands."*
- *"I was very satisfied with the facilitators. They explained everything clearly, kept everyone engaged, and created a welcoming environment where I felt comfortable participating."*
- *"I was satisfied to discuss the importance of hubs and what our community needs."*
- *"It was a good way to get inputs from people with a good interactive session."*
- *"It was great to get the prospective from the adults and youth."*
- *"The facilitators are knowledgeable and the way they conducted the program was subtle but impactful. Simple suggestions go a long way."*
- *"The ladies were all great/ the session was very informative. I truly enjoyed discussing topics w/ the youth."*
- *"It's very nice and interactive. Facilitator were kind and friendly. They able to drive the conversation."*
- *"I leaned so much about the needs of the youth advisory board."*

STAY CONNECTED

- **Email:** *childhoodprosperitylab@connecticutchildrens.org*
- **Facebook:** Connecticut Children's Community Child Health
- **LinkedIn:** Connecticut Children's Office for Community Child Health
- *Advancing Kids Blog*

RESOURCES

- **North Hartford Ascend Website:** Home - North Hartford Ascend
- **Family Navigation Email:** *ascend@thevillage.org*
- **North Hartford Ascend Instagram:** @northhartfordascend
- **North Hartford Ascend Facebook:** North Hartford Ascend
- **City of Hartford Youth Services:** Youth Services – City of Hartford

RECOMMENDED CITATION

Anderson, A., & Rose, J. (2026). *Co-design summary report: Ascend Together Intergenerational Co-Design Sprint*. Connecticut Children's Office for Community Child Health.

APPENDIX

Appendix A: The flyer that was developed to market the intergenerational co-design sprint, designed with youth recommendations and feedback from June.

