North Hartford Ascend Pipeline

Funded by the U.S. Department of Education

Community Conversation

May 22, 2024

NORTH HARTFORD ASCEND

This meeting is being recorded and the recording will be posted on the Connecticut Children’s website.

Por favor recuerde seleccionar su lenguaje en el globo de la parte inferior de su pantalla para interpretación Desde su celular, toque los 3 puntos y seleccione su lenguaje.

Please remember to select your language on the globe at the bottom of your screen for simultaneous interpretation. From your cell phone, touch the 3 dots and select your language.

Incentive Available to Hartford Residents

Agenda

- Welcome & Guidelines
- Featured Topic: Mental Health Resources
  - My People Clinical Services
- Next Steps and Closing Remarks
  - **Next Meeting: Saturday, June 29th**
    - **“Get to Know Ascend” Community Fair**
    - **Keney Park (Woodland Entrance)**

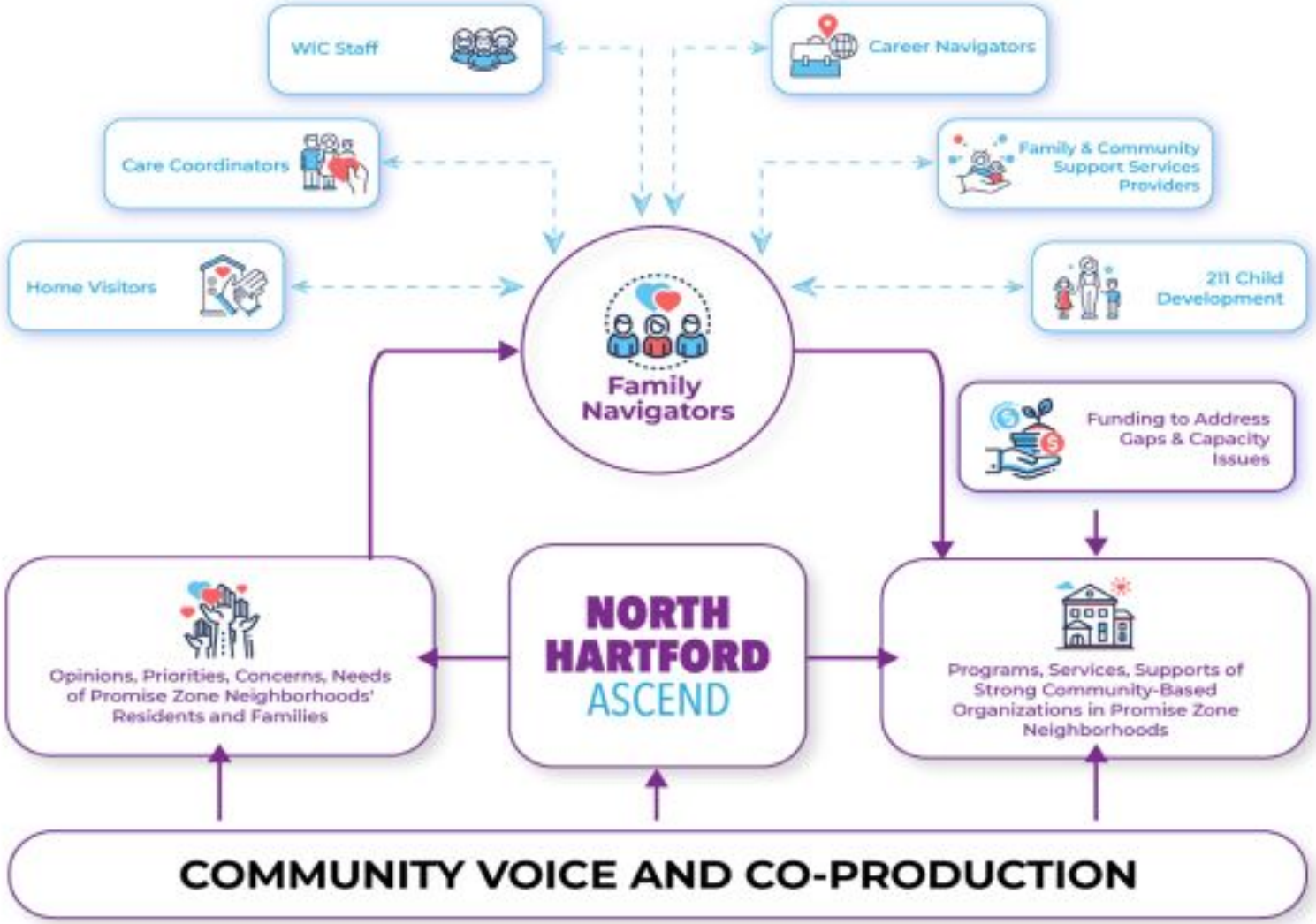
Discussion Guidelines

- Everyone deserves to be heard.
  - Questions and comments can be added to the chat at any time.
- Listen and respond respectfully.
- Let’s stay on topic– time is limited, so let’s value each other’s time.
- Successful dialogue is the responsibility of all participants.

North Hartford Ascend

Ascend provides access for children and families to the services and supports they need to reach their full potential from Cradle to Career.

Ideal State-Ascend System Building



C

Ascend Updates

GIS Resource Mapping Tool:

- Based on community feedback moved to a new platform to ensure mobile and user friendly.
- Collaborating with other community resources and similar tools
- Development and testing of the updated version in progress, look for announcements in summer/early fall.

Canvassing:

- Spread the word to your neighbors about Ascend! Join us as we hit the block to share information and updates about Ascend in Clay Arsenal, Northeast, and Upper Albany.
- First Canvassing Outing - June 15th

Community Workshops:

- 6/11 & 6/12 from 5:30pm-6:30pm - Five Practices of Exemplary Leadership presented by Leadership Greater Hartford
- 6/18 from 5:30pm-7:00pm - Question-Persuade-Refer Training for Suicide Prevention presented by Training to Establish an Alliance Centered on Hope
- 7/10 & 7/11 from 5:30pm-6:30pm - Conflict Resolution presented by Leadership Greater Hartford

L

Featured Ascend Topic

My People Clinical & Community Services-
Dr. Dayeshell P. Muhammad

My People Clinical & Community Services

- Dr. Dayeshell P. Muhammad, EdD Director of Operations

My People Clinical Services

- My People Clinical Services - 2005
  - Outpatient Therapeutic Services
  - Foster Care Assessment
  - Fatherhood Engagement Services
  - Community Schools Integration
  - Supporting Pregnant & Parenting Teens (SPPT)
  - Professional Development Training

SUPPORTING • EMPOWERING • REBUILDING
MP
SINCE 2005

My People Community Services

- My People Community Services - 2014
  - Supportive Housing (dually diagnosed young adults 18-25)
  - Positive Youth Development
  - Life After High School
  - The Manhood Tree
  - State-Wide Fatherhood Training
  - Outpatient Urban Trauma Center

SUPPORTING • EMPOWERING • REBUILDING
MP
SINCE 2005

What We Do

- Social Service Organization
- Highest Level of Care in the State
- Mentorship Approach
- Meet Clients Where They Are
- Represent Community & Clients We Serve (Lack of Representation)
  - 90 Employees
  - 96% People of Color
  - Various Educational Backgrounds
  - Non-Traditional Approach
- We've been doing this work for a long time

SUPPORTING • EMPOWERING • REBUILDING
MP
SINCE 2005

Programs for Youth & Young Adults

Urban Trauma

Urban Trauma: A deep- rooted psychological and genetic condition that is caused by racially motivated toxic stress.

THE URBAN TRAUMA PROVIDER NETWORK

The Urban Trauma Provider Network is a revolutionary program utilizing the work of Dr. Maysa Akbar (The Urban Trauma Framework) and Dr. Steven Kniffley (Racial Trauma Therapy). This program was specifically developed to **support the mental health of youth, ages 4-18 within communities of color**.

Program goals:

- Promote racial identity exploration & development
- Increase coping skills and techniques
- Build self awareness and advocacy
- Create empowerment

Organizations in the Network:

New Haven: Clifford Beers, Family Centered Services of CT & Integrated Wellness Group
Bridgeport: Greater Bridgeport Area Prevention Program (GBAPP) & LifeBridge
Hartford: My People Clinical Services, The Village, & Phoenix Professional Services
Waterbury: BAGS Foundation & Connecticut Junior Republic (CJR)
New Britain: Klingberg Family Centers

URBAN TRAUMA®

FOR MORE INFORMATION ON THE NETWORK VISIT: WWW.URBANTRAUMA.COM

SPPT Program

Support for Pregnant & Parenting Teens Program

The My People SPPT program provides a coordinated approach to school health and student support services, which has been identified as an evidence-based approach for working with parenting students and their children.

The program is designed to work with pregnant or parenting teens (and young adults) under the age of 21. The SPPT program can provide assistance in a variety of ways, including the areas listed below.

Enroll now

860-656-0450

Child Care Service

Assistance with identifying quality child care for children with links to basic prevention health care.

Case Management Support

Case management and family support is available to identify needs and gain access to supports and services to meet those needs.

Academic Advocacy

Flexible, quality schooling to help young parents complete high school

Nutritional Education

Linkages and referrals to prenatal care and reproductive health services as well as assistance with obtaining and maintaining child and parent appointments.

Fatherhood

Services and supports are offered specifically for young fathers, independent of the mothers involvement in the program.

Life Skills & Balance

Parenting and life skills education and support services are available including doula services to help young parents with managing their rest time.

111 Gillett St. Hartford, CT
mypeople-ct.com
sppt@mypeople-ct.com

Life After High School

ABOUT US

Life After High School (LAHS) is a program that helps high school students (starting in the 11th grade) to prepare for their life after high school. his could include assisting them with preparing for college, the workforce, starting their own business, vocational programs, or the armed service. The key to LAHS is utilizing the Positive Youth Development (PYD) framework which helps to guide students and their community on the best way to organizes supports, services and opportunities so that young people will succeed.

Visit us at **mypeoplecommunity.org/lahs**

(860) 656-0450 info@mypeople-ct.com

111 Gillett Street Hartford,CT

LAHS

LIFE AFTER HIGH SCHOOL

Visit us at **mypeoplecommunity.org/lahs**

(860) 656-0450 info@mypeople-ct.com

111 Gillett Street Hartford,CT

HELPING STUDENTS PREPARE FOR THEIR LIFE AFTER THEIR SENIOR YEAR.

LAHS

LIFE AFTER HIGH SCHOOL

PROGRAMS & SERVICES

(860) 656-0450

info@mypeople-ct.com

111 Gillett Street Hartford,CT

Visit us at **mypeoplecommunity.org/lahs**

MY PEOPLE

SUPPORT • EMPOWER • REBUILD

5th Down

5IFTH DOWN
A PROGRAM FOR ATHLETES
FREE FOR MALE ATHLETES
FREE FOR MALE ATHLETES
THE 5TH DOWN CONFERENCE
is a groundbreaking event designed specifically for male athletes navigating the transition beyond their playing days.
May 29, 2024 | 8:30A-1:00P
Capital Community College
950 Main St • Hartford, CT
WORKSHOPS SECTIONS:
Brotherhood • Dream Chasing
Mental Health • Pivoting • Identity
CREATORS
Amir Muhammad
Nathan Palmer
PRESENTERS:
Abdul-Rahmaan I. Muhammad
Executive Director of My People
Hector Amaro Ortiz
Social Worker at My People
Mathew Rivera
Executive Director of The Dream Support Network
Terrell Huff
Chief Operating Officer of Dilligence Training
Dr. Ramon Vega de Jesus
Clinical Trainer at My People
Devonte Dillion
CEO and Co-Founder of Dilligence Training
SPECIAL GUEST:
Pablo Ortiz
Coach at Anna Maria College
Donaven Tennyson
Former Wide Receiver for University of Richmond & Vanderbilt University
MY PEOPLE
SUPPORT • EMPOWER • REBUILD
THE MANHOOD TREE
DT.CARES

The End… For Now

- Do you need someone to talk to?
- www.mypeople-ct.com
- 860-656-0450
- Dayeshell Muhammad – dpm@mypeople-ct.com

Breakout Questions

NORTH HARTFORD ASCEND

- How might we better support the mental health of our youth? Parents and caregivers?
- What great resources for mental health exist that more should know about?
- What are the top 3 factors that are impacting your mental health?
- When and where would be most convenient for you to access mental health support?

Thank You!

- **Next Conversation: Saturday, June 29th - Keney Park**

Feedback & Incentive

- Please take the Post Meeting Feedback & Incentive Survey to share your thoughts and feedback and access the incentive for Hartford residents. Use the QR code, or visit the link sent out via email following the meeting. Contact Ally McGinty at amcginty@unitedwayinc.org with any questions.

- Feedback or questions? Contact nhap@connecticutchildrens.org or share your thoughts in the open Community Feedback and Ideas Form at any time.